The Messenger

JANUARY 2017

From the Pastor's Desk: Whose Opinion Matters Most?

"For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord." ~ Romans 8:38-39

Most of us place a higher premium on what other people think than we realize. Paul understood this struggle intimately.

M. Scott Peck illustrates the point through a story of meeting a high school classmate at the age of fifteen. The following are his reflections after a conversation with his friend:

"I suddenly realized that for the entire ten

-minute period from when I had first seen my friend until that very moment, I had been totally selfpreoccupied.

For the two or three minutes before we met all I was thinking about was the clever things I might say that would impress him. During our five minutes together I was listening to what he had to say only so that I might turn it into a clever response. And for two or three minutes my only thought was those things I could have said that might have impressed him even more.

I had not cared a wit for my classmate."

What is most startling in that detailed



explanation of what goes on beneath the surface at the age of fifteen is that the same dynamics continue into our twenties, thirties, fifties, seventies, and nineties. We remain trapped in living a pretend life.

True freedom comes when we no longer need to be someone special in other people's eyes because we know we are lovable and good enough in Christ.

Pastor Chris

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JANUARY SERMONS & WORSHIP:

- January 1 Hebrews 12:1-3
- January 8
 Matthew 2:1-12
- January 14 Worship 24, 6:00 p.m.
- January 15
 John 1:29-42
- January 22 Matthew 4:12-23
- January 28
 Worship 24, 6:00 p.m.
- January 29
 Matthew 5:1-12

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Direct Debit Tithing

Looking to simplify your giving? Look no further! You can set up a direct debit in no time!

Your monthly tithe can be withdrawn from your checking or savings account the second Thursday of every month with nothing more than the completion of a short form and a voided check.

Or, would you like to choose the date your tithe comes out of your account? No problem! Most banks offer an online bill-pay system than can be set up weekly or monthly as you designate. Just add Clen-Moore as a new payee and program your tithe to best suit your finances.

No longer will you have to remember your check book and envelope every Sunday and the church receives your tithe on a regular basis.

For the direct debit option, forms are available in the Welcome Center or church office. Thank you for your consideration and we hope you'll take advantage of this opportunity!

Finance Committee

Opening Doors

December 31, 2016 marked the end of the official Opening Doors campaign. Over the past three years, the generosity of Clen-Moore has shown forth in support of the changes made in the church.

Thank you to those who have completed your pledges. If you are still working on completing your pledge you can continue giving to Opening Doors until your pledge is fulfilled.

Big Brothers/Big Sisters Kickoff

Big Brothers and Big Sisters, Clen-Moore style, is kicking off its 9th year in January with new matches and a new church involved.

The Director of Big Brothers and Big Sisters, Allisyn Wolfe, has asked us to join with Highland UP and recreate the magic of the past 8 years. A few of our current matches have been followed through to completion and we are again matching up with some of the

younger children in our community.

Please consider your involvement as we recreate the magic. There is a great need to either cook or host one of our events. It's a great way to get involved if you are unable to attend on a regular basis. The more we share Christ's love as a group, the more likely the kids will make good decisions as they grow older!



In addition, if you feel the Holy Spirit leading you to become involved in a regular mission, we would love to talk with you about becoming a Big Brother or Big Sister. Please contact Bill Nesbitt at (724) 714-3625. We are making a positive difference in our community!

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YOUTHM

C.2G.S. - We will be wrapping our study on the Book of Revelation.

K.F.C.& FlipSide

Sunday, January 15 - We will schedule this date to do something depending on the weather. This may be our sled riding time...all depends on the weather. Keep checking your emails.

FlipSide Only

Sunday, January 29 - LCYM Dodgeball Tournament at the

Sankey Center beginning at 5:00 PM. Food, refreshments, and inspiring word will be shared as well.

If you are interested you must organize a team by Sunday, Jan. 22nd. See Aaron for details.

YOUTH CONFIRMATION BEGINS

Attention students in 8th-12th Grade: Clen-Moore will hold a Confirmation meeting on Sunday, January 22nd following worship for any student and their parents interested in going through Clen-Moore's Confirmation program to become a member of the church.

In our meeting time together Aaron will explain how our 2-Tier Mentor Confirmation Program works. Any student who is interested should contact Aaron by Sunday, January 15th.

Health Ministry

Dates to Remember:

January 15, 2017 - blood pressure screening at Church Breakfast - 8:30AM in the Fellowship Hall.

January 17, 2017 - blood pressure screening at PrimeTimer's meeting at 9:00 AM - in the church Chapel area.

Please note: The Health Ministry Team will not meet again until February 2017.

Health Tip for the New Year:

If you have type 2 diabetes, eating fatty fish may reduce the

risk of diabetic retinopathy, a complication of diabetes that often

causes blindness, suggests a study by JAMA Ophthalmology.

This study was designed to evaluate the potential benefits of the Mediterranean diet. The new analysis focused on 3400 participants (average age 67), who had type 2 diabetes, correlating their risk of diabetic neuropathy over a 6 year period.



Those consuming 2-3 servings of fatty fish per week were 50% less likely to develop retinopathy than those consuming less. The retina is rich in Omega 3's and lab research has found that higher levels of these have a protective effect against diabetic retinopathy. The study did not look at Omega 3 supplements.

(Taken from Wellness Letter, December, 2016.)

"Bless the Lord, Oh my soul, and forget not all His benefits; Who forgives all your iniquities, and heals all your diseases." ~ Psalm 103:2.

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Daily Bible Readings

1: Genesis 1-3

2: Luke 1

3: Gen. 4, 5; Luke 2:1-40

4: Gen 6-9; 11:1-9

5: Gen. 10:1-20; 1 Chroni-

cles 1:1-16; Luke 2:41-3:38

6: Gen. 10:21-32; 1 Chron.

1:17-28; Luke 4

7: Gen. 11:10-14:24

8: Gen. 15-17; Psalm 105

9: Gen. 18, 19; Luke 5

10: Gen. 20; Luke 6:1-7:17

11: Gen. 21-23; Luke 7:18-35

12: Gen. 24:1-25:11; 1

Chron. 1:32, 33; *Luke 7:36-50*

13: Gen. 25:12-18; 1 Chron.

1:29-31; Luke 8

14: Gen. 25:19-27:40

15: Gen. 27:41-29:30; Luke

9:1- 36

16: Gen. 29:31-30:43; Luke

9:37-10:24

17: Gen. 31; Luke 10:25-

11:13

18: Gen. 32, 33; Luke 11:14-

54

19: Gen. 34:1-36:14; 1

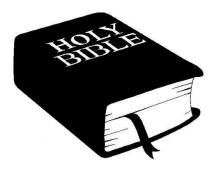
Chron. 1:34-37; Luke 12:1-12

20: Gen. 36:15-43; 1 Chron.

1:38-54; *Luke 12:13-59*

21: Gen. 37, 38; Luke 13

22: Gen. 38-41



23: Gen. 42, 43; Luke 14

24: Gen. 44: 1-47:12

25: Gen. 47:13-48:22; Luke

15:1-16:18

26: Gen. 49; 1 Chron. 2:1, 2;

Gen. 50; Luke 16:19-17:37

27: Exodus 1, 2; Luke 18

28: Ex. 3, 4; Luke 19

29: Ex. 5-7:13; Luke 20

30: Ex. 7:14-9:12; Luke 21

31: Ex. 9:13-11:10; Luke

In Memoriam

- Shirley Fassinger December 4, 2016
- A gift in memory of Doris Candioto was given by Barb Peterson and Ruth Ketzel.



December Mission Disbursements

\$1,000 - Joshua & Terrilyn Pacella

\$1,000 - Presbyteriay Frontier Fellowship Scuito

\$1,000 - LATCOM

\$1,000 - Habitat for Humanity

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Need Filler Article Here

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CHURCH STAFF

The Rev. Chris Weichman, Pastor Aaron Christy, Director of Youth & Family Ministry Church Organist, Dr. Jane Karski Director of Choirs, Kathryn Bressler-Mansell Church Treasurer, Deborah Ringwelski Substitute Treasurer, Sharon Esposito Church Secretary, Kathy Barkley Church Custodian, Charles Antonelli Sunday Custodian, Clarence Jenkins Nursery Attendant, Sally Mescall

THE SESSION

Rev. Chris Weichman, Moderator Gail Keffer, Clerk of Session

2018	2017
Barbara Harper	Debbie Book
Sue McKissick	Jen Conrad
Tom Rapp	Tom Mansell
Gale Measel	Don Nicolls
Margy Turner	Seth Plyler

THE BOARD OF DEACONS

2010	2017
John Purdy	Bob Davies
Dave Kerr	Sandy Kelty
Sarah Esposito	Barb Richards

2017

John Caparoula Bob Turner
Becky Reese

Messenger Memo



The deadline to submit articles for the February *Messenger* is Monday,

2018

January 9.

Sign up to receive *The Messenger* via email; go to ClenMoore.org/newsletter.

January Helpers

Hospital Visitation Elders

1 Barbara Harper, Sue McKissick

8 Tom Rapp, Gale Measel15 Margy Turner, Debbie Book22 Jen Conrad, Tom Mansell

29 Seth Plyler, Barbara Harper

Deacons of the Month

Bob Turner, Bob Davies

Van Driver

Bill Nesbitt (724) 654-0553

January 2016									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
1	2	3	4	5	6	7			
New Year's Day		9:30AM Prime Timers, Parlor		6PM Christian Ed., Library	Annual Reports Due				
10:30AM Worship		7PM Buildings		6PM Handbell	porto Duc				
		& Grounds,		Rehearsal					
		Parlor		7PM Choir Rehearsal					
8	9	10	11	12	13	14			
10:30AM Worship	Messenger	9:30AM Prime	5PM Worship	6PM Handbell		6:00PM			
11:45AM Dea-	Deadline	Timers, Parlor	& Music, Li-	Rehearsal		Worship 24			
cons, Parlor		6PM Mission & Evangelism,	brary	7PM Choir Rehearsal					
		Conf. Room							
		7PM Steward- ship & Finance,							
		Library							
15	16	17	18	19	20	21			
8:30AM Fellow-	5:45PM	9AM BP		6PM Handbell					
ship Breakfast &	BBBS	Screening, Par-		Rehearsal					
BP Screening	Kickoff	lor		7PM Choir Re-					
10:30AM Worship		9:30AM Prime Timers, Parlor		hearsal					
		7PM Session, Parlor							
22	23	24	25	26	27	28			
10:30AM Worship		9:30AM Prime		6PM Handbell		6:00PM			
11:45AM Youth		Timers, Parlor		Rehearsal		Worship 24			
Confirmation				7PM Choir Re-					
Meeting, Parlor				hearsal					
29	30	31							
10:30AM Worship		9:30AM Prime							
11:45AM Annual		Timers, Parlor							
Congregational									
Meeting									
5:00PM LCYM									
Dodgeball Tour- nament									
iiaiiiCilt									

Clen-Moore Presbyterian Church

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Annual Reports Due

REMINDER!

Annual reports from Sunday School Classes, Committees and Ministries of the Church are due in the church office by Friday, January 6, 2017.

